

## Early Days

### Jumping Up

The reason a puppy jumps up is that we are big and he is small. It is as simple as that! He jumps up to get closer to our faces and receive attention. If you do not want your puppy to jump up when he is older do not allow or encourage it while he is young. Remember that puppies repeat behaviour that works. The hard thing for us to understand is what 'works' for the puppy! When a puppy jumps up and we push him off, yell at him and stare him in the face we are, believe it or not, giving him three reasons to do it again! Touching him is a reward; yelling at him is a response and looking at him is an invitation! As the 'intelligent species' it is up to us to figure out a better way of getting the message across to the puppy. In the dog world a superior dog would deny the puppy attention by turning it's head and refusing to interact. We can copy that behaviour in the following way: **Fold your arms, turn your head away and wait for the jumping up to stop. Don't** speak to him, **don't** touch him and **don't** look at him.



*Fold your arms and  
turn your head away*



*Wait for polite  
behaviour*



*Quietly reward the  
behaviour you want*

If he changes sides to look into your face turn your head the other way. Keep your body facing the puppy—only turn your head. If you twist your upper body you will be inviting him to play, which will confuse him completely.

Don't tell the puppy to "Get down", and don't push him down with your hands, as this would be giving him the attention he is demanding, although you may think otherwise! Don't look at him, as this will invite him to jump up again! If you are sitting down and he persists in scrabbling on your knee flick him off sharply with your elbow (not your hand) and then immediately fold your arms and turn your head away. Do not give him any attention until he sits on the floor or goes away. If he sits, 'click&treat' so that he understands that sitting is acceptable behaviour